

**WHOLE FRESH FOODS, INC.**

4707 LIMA ST.

TEL: 720-348-0868

DENVER, CO 80239

FAX: 720-348-1817



Item Description	Nashville Hot Chicken Empanada
Brand	Tavern Tapas™
Pack	100 CT
Size	1.0
Size UOM	ounces
GTIN	825904191063
Gross Weight	7.25
Weight UOM	pounds
Net Weight	6.25
Length	9
Width	8
Height	6
L/W/H UOM	inches
Case Cube (Cf)	0.25
Manufacturer / True Vendor	Whole Fresh Foods
Manufacturer Product Code	19106
Catch Weight (Y/N)	N
Item Storage Code	F
Item TI	20
Item HI	8
Item Temp Min.	N/A
Item Temp Max	Zero Degrees
Child Nutrition (Y/N)	N
Allergens (Y/N)	Y
Vegetarian (Y/N)	N
Vendor Total Shelf Life	24 months
General Description	Nashville Hot Chicken Empanada
Prep & Cooking Instructions	

**Nutrition Facts**

About 33 servings per container

**Serving size 3.0 OZ (85g)**

Amount per serving

**Calories 180**

% Daily Value\*

Total Fat 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 490mg 21%

Total Carbohydrate 22g 8%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein 9g**

Vitamin D 0mcg 0%

Calcium 18mg 2%

Iron 2mg 10%

Potassium 218mg 4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

All the fillings are fully cooked. Below is the cooking guide:

Heat Oil to 365° F. Always use caution when placing product in hot oil. Heating time may vary due to equipment being used. For food safety and quality, cook product until internal temperature is 165° F. Approximate cooking time for frozen empanadas is 3-4 minutes.

Serving Suggestions	
Directions for Use	Cook as directed
Suggested Use	<b>Appetizer or entrée</b>
Safety Precautions	<b>Product will become soft once thawed so handle with care. Cook to 165°F internal temperature.</b>
Product Benefits	<b>High quality ingredients, consistent size and shape, and labor savings</b>

<u>Filling Ingredients:</u>	<b>Ground Chicken, Water, Cayenne Pepper Sauce</b> (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt and Garlic Powder), <b>Natural Butter Sauce</b> (Modified corn starch, Salt, Whey Solids, Non-fat Dry Milk, Maltodextrin, Butter, Sugar, Buttermilk powder, Natural Butter Flavor, Xanthan gum, Lactic acid, Turmeric, Annatto (for color)), <b>Spices, Apple Cider Vinegar</b> (Distilled Vinegar from grain, natural flavor with caramel color, diluted with water to a uniform pickling and table strength of 5% (50 grains) acidity), <b>Brown Sugar, Sun Flower Oil, Modified Food Starch, Gelatin, Garlic Powder, Salt.</b>
<u>Dough Ingredients:</u>	<b>All Purpose Flour</b> (Bleached Wheat Flour Enriched (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), <b>Water, Sunflower Oil, Natural Butter Sauce</b> (Modified corn starch, Salt, Whey Solids, Non-fat Dry Milk, Maltodextrin, Butter, Sugar, Buttermilk powder, Natural Butter Flavor, Xanthan gum, Lactic acid, Turmeric, Annatto (for color)), <b>Gluten, Salt, Sugar.</b>

Allergens:                                  Milk, Wheat