



## Delaware Cancer Consortium Early Detection and Prevention Committee Meeting Minutes

September 17, 2007, 10 am  
Delaware Technical & Community College  
Dover, DE

### Attendees

#### Members

Attended	Heather Bittner-Fagen, MD
Did Not Attend	Victoria Cooke, DE Breast Cancer Coalition, Inc.
Did Not Attend	Mary Cindy Farach-Carson, Ph. D.
Did Not Attend	Susan Forbes, American Cancer Society
Did Not Attend	Stephen Grubbs, MD, Medical Oncology Hematology Consultants, PA
Attended	Paula Hess, Bayhealth Medical Center
Attended	Heather Homick, NCI's Cancer Information Service
Attended	Nora Katurakes, Helen F. Graham Cancer Center
Attended	Carolee Polek, DE Diamond Chapter of the Oncology Nursing Society
Attended	Natwarlal Ramani, MD, G.I. Associates of Delaware
Attended	Jo Wardell, American Cancer Society
Attended	Rafael Zaragoza, MD, PROCAP

#### Staff

Attended	Ginger Calloway, Wheeler & Associates Management Services, Inc.
Attended	Katherine Hughes, DE Division of Public Health
Attended	Donna-Marie King, Aloysius Butler & Clark
Attended	Alisa Olshefsky, DE Division of Public Health
Did Not Attend	Alex Parkowski, Aloysius Butler & Clark
Did Not Attend	Karen Savin, DE Division of Public Health

#### Public Attendees/Other

*(none present)*

### Review of Previous Meeting Minutes

Committee members approved the July 16, 2007 Early Detection and Prevention Committee meeting minutes without changes.

### Old & New Business

#### **Welcome/Introductions**

Acting Chair, Ms. Paula Hess, explained that Dr. Stephen Grubbs was unable to chair today's meeting due to scheduling conflicts. Ms. Hess welcomed and introduced Rafael Zaragoza, MD as a new member of the Early Detection and Prevention Committee. Introductions were made around the room.

#### **Prostate Cancer Screening Guidelines for Screening for Life (SFL)**

Ms. Alisa Olshefsky distributed, and the group reviewed, the second draft of Prostate Cancer Screening Services Guidelines. This second draft includes suggested changes from members during the July 16, 2007 Committee meeting. The following are suggestions the committee asked be made to the second draft.

- Ms. Nora Katurakes asked whether the guidelines would recommend that both Digital Rectal Examinations (DRE) and Prostate Specific Antigen (PSA) tests be completed during the same time period. Ms. Alisa Olshefsky will look into adding this suggestion to the Screening for Life letter that is sent to participating primary care physicians.
- Ms. Nora Katurakes also inquired as to whether follow-up appointments recommended by physicians would be covered through Screening for Life. Ms. Alisa Olshefsky explained that, if the physician specifically requests the follow-up, and the patient is eligible for coverage through the Screening for Life program, the cost would be covered. Ms. Katurakes asked that, in the future, a more thorough algorithm diagram be included in the guidelines to indicate that physician's recommendations would be considered covered services.
- Dr. Heather Bittner-Fagen suggested that the guideline wording on page 1 be changed to read, "Younger than 50 years of age" rather than, "Younger than 40 years of age". Committee members agreed. Ms. Alisa Olshefsky will have that change reflected in the updated guidelines.
- Dr. Heather Bittner-Fagen asked whether physicians would have access to patient screening history, including results from most recent testing. Ms. Olshefsky said that dates of service and ordering physician's name could be provided.

Screening for Life will add prostate cancer screening as a covered service effective September 17, 2007.

Ms. Paula Hess requested that Nurse Navigators receive a Screening for Life primary care provider list. Ms. Olshefsky will get the requested list to the Nurse Navigators in the near future.

According to Ms. Olshefsky, there's currently only one Screening for Life urology provider participating in the program. Ms. Katurakes asked that the topic of "Increasing the Number of Participating Screening for Life Urologists and CHAP Providers" be added to next month's Early Detection and Prevention Committee agenda.

### **Incidence and Mortality 3 Year Rolling Averages**

Ms. Alisa Olshefsky explained, and members reviewed, the following distributed graphs pertaining to 3 year rolling averages: 1999-2001, 2000-2002, 2001-2003 & 2002-2004.

- DE Colorectal Cancer Age-Adjusted Incidence and Mortality Rates
- DE Colorectal Cancer Age-Adjusted Incidence Rates for Whites and African Americans
- DE Colorectal Cancer Age-Adjusted Mortality Rates for Whites and African Americans
- DE Colorectal Cancer Age-Adjusted Incidence Rates for Males and Females
- DE colorectal Cancer Age-Adjusted Mortality Rates for Males and Females

Ms. Olshefsky reported that incidence rates overall have improved but that mortality rates overall are stable. She also reported that there was a decline in overall incidences for whites. Unfortunately, the same did not hold true for African Americans. Committee members would like to look at Kent County's demographic information to determine whether a targeted intervention for the county is appropriate. Ms. Olshefsky will bring more detailed Kent County data to the next Early Detection and Prevention Committee meeting for the group to review.

### **Database Workgroup Update**

Ms. Nora Katurakes gave a Database Workgroup update to the committee. She explained that all Nurse Navigators are utilizing the database. Biweekly meetings with Mr. Rick McClerman, Mr. Milton Gottschalk, Ms. Michelle Eichinger and Ms. Nora Katurakes have been established in order to keep the database progress moving and to keep task items on track. Various report formats are in the process of being written, including reports to allow Cancer Screening Nurse Navigators to share statistics of:

- screenings scheduled (procedure and number scheduled)
- individuals enrolled in Screening for Life
- new clients (Medicaid, Medicare, private, Screening for Life, unknown, total, overall total)
- screenings performed (procedure and number performed)

Members briefly discussed Cancer Screening Nurse Navigators entering detailed polyp data (type, location, etc.) into the database and how issues would be worked out during future biweekly meetings with Mr. Rick McClernan, Mr. Milton Gottschalk, Ms. Michelle Eichinger and Ms. Nora Katurakes.

Ms. Katurakes suggested that the database be presented to the Early Detection and Prevention Committee, and committee members agreed. Mr. Milton Gottschalk and Mr. Rick McClernan will be contacted to present to the committee at an upcoming meeting.

### **Nurse Navigation Guest Speaker Suggestions**

Ms. Nora Katurakes explained that the Cancer Screening Nurse Navigators requested that they be presented with further education on prostate, cervical and breast cancer screening. Dr. Rafael Zaragoza agreed to present a prostate cancer screening educational session for the Cancer Screening Nurse Navigators. Dr. Heather Bittner-Fagen agreed to educate them on cervical cancer screening. The committee suggested that Dr. Wendy Newell be contacted to possibly give the Cancer Screening Nurse Navigators education on breast cancer screening. Ms. Katurakes suggested that Ms. Karen Savin be involved in the recommendations/education, and Ms. Alisa Olshefsky agreed.

### **Updates/Other** *(related events held/to be held, related achievements, etc.)*

There was brief discussion held regarding various area hospitals' prostate screening events. Bayhealth Medical Center has their prostate screening event scheduled for Saturday, September 22, 2007. Nanticoke Health Services will be holding a prostate screening event on September 21, 2007. Screenings will be preformed for a \$5.00 fee, but the individuals do not need to be pre-registered. Prostate screenings will be held at the Tunnel Cancer Center on October 26, 2007, 5-8 pm by appointment only. Christiana Care Health Systems is working with Westside Health to get a prostate screening event set up for October 24, 2007.

Ms. Alisa Olshefsky explained that she plans to present at the October 17, 2007 "Disparities in Cancer Care: 2007 Annual Cancer Symposium", being held at the DuPont Country Club in Wilmington.

Flyers regarding "The 2007 National Conference on African-Americans & Cancer" were distributed. Ms. Olshefsky mentioned that there would be an unlimited number of tickets available at no cost for Delaware Cancer Consortium members/related individuals.

Ms. Alisa Olshefsky reminded committee members of the Delaware Cancer Consortium's full member retreat being held on February 7, 2008 at Delaware Technical & Community College, Terry Campus, Dover. She informed the group that there are currently 2 speakers scheduled for the event. Governor Minner has been asked to make some opening remarks at the event. Chairs are scheduled to report on their committee's activities. Detailed event flyers will be sent in the coming months.

Ms. Alisa Olshefsky informed members that the Consortium's "Recommendations for the 2007-2011 Cancer Plan" would be printed and distributed in the coming months.

Ms. Paula Hess distributed "The VEGF Pathway as a Therapeutic Target in Cancer: A CME-Certified Visiting Faculty Program" flyer. The event is planned to be held September 26, 2007 at the Dover Downs Hotel and Conference Center.

Due to the National Cancer Institute (NCI) announcing that the Helen F. Graham Cancer Center would participate in a national program that would help bring state-of-the-art cancer care to patients in community hospitals across the United States, Christiana Care Health Systems has additional contract funding available to hire more individuals to help with the increase in screenings. Ms. Katurakes asked for an update on the HPV vaccination initiative at November's Early Detection and Prevention Committee meeting.

Ms. Donna-Marie King, Aloysius Butler & Clark showed the group the newest draft Screening for Life brochure, a draft pamphlet showing prevention and early detection services and an updated Champions of Change pledge card. Ms. Nora Katurakes suggested that the size of some of the brochures be made the "normal" brochure size in order to fit them properly in standard display holders. Ms. King will make suggested changes and present an updated draft to the Committee prior to items going to print.

## Documentation

Along with the meeting agenda and minutes from the previous committee meeting, the following documents were provided at this meeting and are available upon request to Ginger Calloway at 302-335-1495 or via e-mail at [Ginger@ManageTool.com](mailto:Ginger@ManageTool.com):

- DE Colorectal Cancer Age-Adjusted Incidence and Mortality Rates
- DE Colorectal Cancer Age-Adjusted Incidence Rates for Whites and African Americans
- DE Colorectal Cancer Age-Adjusted Mortality Rates for Whites and African Americans
- DE Colorectal Cancer Age-Adjusted Incidence Rates for Males and Females
- DE colorectal Cancer Age-Adjusted Mortality Rates for Males and Females
- Colorectal Cancer Screening Report Data Dictionary
- Disparities in Cancer Care October 17, 2007 Annual Cancer Symposium
- The 2007 National Conference on African-Americans & Cancer
- Screening for Life Prostate Screening Guidelines
- The VEGF Pathway as a Therapeutic Target in Cancer Program Flyer

## Future Meeting(s)

The next Delaware Cancer Consortium Early Detection and Prevention Committee meeting has been scheduled for **November 19, 2007, 10:00 a.m. at Delaware Technical Community College, Dover, DE.**