

The image features a dense, vibrant green background of fresh green beans. A prominent gold ribbon graphic is centered vertically, with a banner across it containing the text "St. Honorine". The ribbon has a metallic sheen and a dark brown outline. The text is in a classic, elegant serif font.

St. Honorine

**Gourmet Vegetables and
Vegetable Blends**



Carrot Batons

90337 12/2# bags

A fully prepped, vibrant blend of premium yellow and orange carrots sliced into delicate batons.



Haricot Verts

90173 12/2# bags

Slender and tender, extra thin, extra fine whole green beans. These beans will add an elegant addition to any entree.



Asian Blend

90333 12/2# bags

Find the true taste of the Far East in our Asian blend. Broccoli florets, carrot strips, whole sugar snap peas, water chestnuts, red and yellow pepper strips, onion slices, and sliced mushrooms. An excellent addition to stir-fries or rice dishes.



*Premium quality vegetables
with a wholesome,
prepared - at - home appeal.*

Caribbean Blend

90366 12/2# bags

Kick it up a notch with our island-style blend of tender broccoli florets, whole green beans, sunny bias-cut yellow, and orange carrots with strips of bright red peppers.



San Francisco Blend

90334 12/2# bags

A hearty and satisfying blend of choice broccoli and cauliflower florets blended with golden coin-cut carrots.



Sicilian Blend

90335 12/2# bags

Our Mediterranean blend marries broccoli and cauliflower florets, golden coin-cut carrots, Italian cut green beans, red pepper strips, yellow squash, crinkle-cut zucchini and tender sliced mushrooms all into one luscious mouthful.



*Full color printed bags
with nutritional and
preparation instructions.*



Haricot Vert

Nutrition Facts
Serving Size 1 Cup (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 25		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 10mg	0%		
Total Carbohydrate 4g	1%		
Dietary Fiber 2g	8%		
Sugars 2g			
Protein 1g			
Vitamin A 4% • Vitamin C 2%			
Calcium 2% • Iron 2%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: GREEN BEANS



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Carrot Baton

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 40		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 60mg	3%		
Total Carbohydrate 9g	3%		
Dietary Fiber 3g	10%		
Sugars 4g			
Protein <1g			
Vitamin A 280% • Vitamin C 6%			
Calcium 2% • Iron 0%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CARROTS



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Asian Blend

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 40		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 20mg	1%		
Total Carbohydrate 8g	3%		
Dietary Fiber 1g	5%		
Sugars 3g			
Protein 2g			
Vitamin A 60% • Vitamin C 70%			
Calcium 2% • Iron 4%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BROCCOLI, CARROTS, SUGAR SNAP PEAS, WATER CHESTNUTS, RED PEPPER, YELLOW PEPPER, ONIONS, MUSHROOMS



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Caribbean Blend

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 35		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 25mg	1%		
Total Carbohydrate 6g	2%		
Dietary Fiber 1g	6%		
Sugars 3g			
Protein 2g			
Vitamin A 90% • Vitamin C 60%			
Calcium 4% • Iron 4%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BROCCOLI, GREEN BEANS, CARROTS, RED PEPPER



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Sicilian Blend

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 30		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 20mg	1%		
Total Carbohydrate 5g	2%		
Dietary Fiber 1g	5%		
Sugars 2g			
Protein 2g			
Vitamin A 45% • Vitamin C 60%			
Calcium 2% • Iron 2%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BROCCOLI, CAULIFLOWER, CARROTS, GREEN BEANS, RED PEPPER, YELLOW SQUASH, ZUCCHINI, MUSHROOMS



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San Francisco

Nutrition Facts
Serving Size 3 oz (85g)
Servings Per Container About 10

Amount Per Serving:		Calories from Fat 0	
Calories 50		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 35mg	1%		
Total Carbohydrate 6g	2%		
Dietary Fiber 1g	6%		
Sugars 3g			
Protein 2g			
Vitamin A 100% • Vitamin C 50%			
Calcium 2% • Iron 2%			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BROCCOLI, CAULIFLOWER, CARROTS



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Honor Foods

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