



FOODSERVICE

BEST SELLERS

FLATBREAD

Product No.	Case/Pack
6" 10006 GYRO BREAD	12/10
10033 6" FLATBREAD	12/10
10005 GYRO BREAD	12/10
10060 PIZZA PARLOR CRUST	12/10
10068028 MULTIGRAIN PIZZA PARLOR CRUST	12/10
10010 POCKET-LESS PITA®	12/10
10020 WHOLE WHEAT POCKET-LESS PITA®	12/10
10030 7" FLATBREAD	12/10
10080 TANDOORI NAN	12/10
10050 ROGHANI NAN	12/10
10099 PANINI	10/10
10099PG PANINI Pre-Grilled (Top)	10/10
10098 MULTIGRAIN	10/10
9" 19901 9" FLATBREAD (w/OLIVE OIL)	Pre-Grilled (Top) 4/10
7" 10035313 MINI OVAL	Pre-Grilled (Top) 10/10
10096 COCKTAIL FLATBREAD (2 INCH)	648pcs

NEW ITEMS

CREPES

7" 10031 GREEK LIFESTYLE FLATBREAD®	12/4
Available soon in Chipotle, Jalapeno Cilantro and Onion varieties.	
9" 85009 SAVORY CREPES™	6/10
87009 TRADITIONAL CREPES™	6/10
11" 85011 SAVORY CREPES™	6/10
87011 TRADITIONAL CREPES™	6/10

NANS

7" 10037 MASSALA NAN	12/10
10040 KULCHA NAN	12/10
10050 ROGHANI NAN	12/10
10085 ONION NAN	12/10
7" 10020317 WHOLE WHEAT MINI OVAL	Pre-Grilled (Top) 10/10
10080 TANDOORI NAN	12/10
10080017 MINI OVAL NAN	10/10

PANINI

6" 19805324 PANINI	Pre-Grilled (Top) 12/10
7" 10013PG PANINI	Pre-Grilled (Top) 12/10
8" 10099 PANINI	10/10
10099PG PANINI	Pre-Grilled (Top) 10/10
10099PGB PANINI	Pre-Grilled (Bottom) 10/10
10020036 WHOLE WHEAT PANINI	10/10
10020336 WHOLE WHEAT PANINI	Pre-Grilled (Top) 10/10
10085008 ONION PANINI	10/10
9" 10080PG PANINI	Pre-Grilled (Top) 12/10

PITA

6" 11060 POCKET PITA	12/6
11070 WHOLE WHEAT POCKET PITA	12/6
7" 10010 POCKET-LESS PITA®	12/10
10020 WHOLE WHEAT POCKET-LESS PITA®	12/10
10076028 FLEXPITA™	12/10
10076328 FLEXPITA™	Pre-Grilled (Top) 12/10
8" 11080 POCKET PITA	18/4
10076036 FLEXPITA™	10/10
10076336 FLEXPITA™	Pre-Grilled (Top) 10/10
9" 11090018 IQF POCKET PITA	12/6
9" 10076528 FLEXPITA™	12/10
10076728 FLEXPITA™	Pre-Grilled (Top) 12/10

FLAVORED

5" 10035 5" FLATBREAD (PITA-BUNZ®)	120pcs
10035300 5" FLATBREAD (PITA-BUNZ®)	Pre-Grilled (Top) 120pcs
6" 19820324 WHOLE WHEAT FLATBREAD	Pre-Grilled (Top) 12/10
19837324 CHILI FLATBREAD	Pre-Grilled (Top) 12/10
8" 10098 MULTIGRAIN FLATBREAD	10/10
10098PG MULTIGRAIN FLATBREAD	Pre-Grilled (Top) 10/10
10083236 TOMATO FLATBREAD	5/10
10083436 TOMATO FLATBREAD	Pre-Grilled (Top) 5/10
10084236 SPINACH FLATBREAD	5/10
10084436 SPINACH FLATBREAD	Pre-Grilled (Top) 5/10
6" 10036 SOUTHWESTERN FLATBREAD	12/10

SPECIALTY

6" 10033 6" FLATBREAD	12/10
10006 GYRO BREAD	12/10
7" 10005 GYRO BREAD	12/10
10060 PIZZA PARLOR CRUST	12/10
10068028 MULTIGRAIN PIZZA PARLOR CRUST	12/10
10030 7" FLATBREAD	12/10
19013228 CHIPOTLE PAN PLANO™	6/10
19017228 JALAPENO CILANTRO PAN PLANO™	6/10
19019228 PICO DE GALLO PAN PLANO™	6/10
19021228 SWEET ONION PAN PLANO™	6/10
9" 19901 9" FLATBREAD (w/OLIVE OIL)	Pre-Grilled (Top) 4/10
10058347 MULTIGRAIN FLATBREAD	Pre-Grilled (Top) 4/10
9" 10035313 MINI OVAL FLATBREAD	Pre-Grilled (Top) 10/10
11093 CYPRIOT-STYLE POCKET PITA	12/4
11050 BARBARI FLATBREAD	18/1
10096 COCKTAIL FLATBREAD (2 INCH)	648 pcs
11435 MEDITERRANEAN PITA CHIPS	15 Lbs
11026 LAVASH	24/6
11041 LAVASH STRIPS	120 pcs
11045 FLAX, OAT BRAN, WHOLE WHEAT LAVASH	20/4
11046 12 INCH ROUND FLAX LAVASH	6/12
11095 HANDKERCHIEF FLATBREAD (MARKOOK)	12/5

WRAPS

OTHER 11530 10" PLAIN WRAP	8/12
11531 9" GLUTEN-FREE WRAP	12/6
12" 11501 PLAIN WRAP	6/12
11503 WHOLE WHEAT WRAP	6/12
11505 SPINACH WRAP	6/12
11507 GARLIC PESTO WRAP	6/12
11509 ROASTED RED PEPPER WRAP	6/12
11511 TOMATO BASIL WRAP	6/12
11513 BLACK BEAN WRAP	6/12
11515 LEMON CILANTRO WRAP	6/12
11517 SOUTHWESTERN WRAP	6/12
11519 CAESAR WRAP	6/12
11521 JALAPENO WRAP	6/12
11523 MULTIGRAIN WRAP	6/12
11525 LOW CARB WRAP	6/12
11529 VARIETY PACK WRAP	6/12



KONTOS FOODS INC.
 P.O. BOX 628, PATERSON, NJ 07544
 Made in USA
 1-800-969-7482
 WWW.KONTOS.COM

Find us on /Kontos Foods

FLATBREADS



FOODSERVICE

Flatbreads for Every Occasion and to Satisfy Every Taste ... No Other Bread Is More Versatile!



Kontos offers you the largest variety of flatbreads in America today. Kontos "authentic flatbreads" are made with the finest ingredients according to classic recipes that deliver delicious old-world taste. Each piece is Hand-Stretched for Fluffiness™ and baked to perfection.

Mediterranean-style Classics

KONTOS POCKET-LESS PITA®

Our most versatile flatbread, and a bread staple for many cultures. Ideal for wraps, use it for sandwiches, or cut into wedges and toast to serve with dips and spreads. (White and Whole Wheat)

KONTOS 'PRE-OILED' GYRO BREAD

Pre-oiled for easier handling and requires minimal heating to become extremely flexible. Perfect for making wraps, like gyros and souvlaki.

KONTOS ONION FLATBREAD

Made with chopped onions and a blend of spices and sesame seeds, which add a delicious onion flavor to wraps or sandwiches!

KONTOS PIZZA PARLOR CRUST

Makes personal-sized pizzas in just 5 minutes! Use this delicious crust to produce your own special pizzas, with toppings from the familiar to the exotic.

KONTOS HANDKERCHIEF FLATBREAD

(Markook/Roumali)

This classic round flatbread is nearly transparent, yet very durable and flexible, and is about 20 inches in diameter. Great for making 'beggars pouches'.

KONTOS PANINI BREAD

The perfect flatbread for making any grilled panini. Specially designed for maximum appetite appeal and cooking functionality. Also available pre-grilled for your convenience.

KONTOS OLIVE FLATBREAD

Made with pitted, chopped Kalamata olives, onions and herbs. This flatbread delivers the classic olive bread flavor.

KONTOS LAVASH

The perfect 'roll-up' bread. This soft and pliable rectangular flatbread rolls in both directions and is yeast-based. It absorbs moisture and will not fall apart. Use it for pinwheel appetizers and other rolled-up creations.

KONTOS POCKET PITA

The pita with a pocket, making it ideal for stuffed sandwiches. (White and Whole Wheat)

KONTOS MULTI-GRAIN FLATBREAD

Made with seven grains and seeds for a most delicious, healthy flatbread! No trans fats, no cholesterol, just a great tasting bread! Also available pre-grilled.

- Retail and Foodservice packages.
- Retail display racks also available.

Grilled Steak & Onions

— on Kontos Pre-Grilled Mini Oval



— Kontos 7" Flatbread

Stuffed with Sliced Ham & Melted Cheddar Cheese



— on Kontos Multigrain Flatbread

Shrimp, Fresh Tomatoes, Scallions & Cheese

Blue-Cheese Burger Topped with Onions & Mushrooms



— on Kontos 9" Pre-Grilled Flatbread

Asian-style Classics

KONTOS TANDOORI NAN

One of the most popular in the Kontos line. Resembling the nan baked by hanging a dough ball onto the wall of earthen tandoor ovens, it is featured in many Indian, Pakistan and Pan-Asian restaurants throughout America. This versatile oval flatbread will expand your menu.

KONTOS ROGHANI NAN

A flatbread savored in central Asia and known for its softness and flexibility.

KONTOS KULCHA NAN

A staple of central Asian cuisine, this flatbread is oiled just before baking for perfect flavor and softness.

KONTOS ONION NAN

This classic central Asian flatbread is baked for the onion lover! Made with chopped onions and a blend of kalunji, ajwan, cumin and sesame seeds, for a wonderful onion flavor.

KONTOS MASSALA NAN

A blend of fresh chopped hot chili and onions with exotic spices flavor this wonderfully spicy oval flatbread.

All Flatbreads baked by Kontos Foods contain No Trans Fats and are certified Kosher-Pareve and Halal.

See chart on back for a full listing of our products and available sizes.

Kontos Innovations



KONTOS COCKTAIL FLATBREAD™

Whether flash-fried, baked, toasted or grilled our 2" Cocktail Flatbread will provide the inspiration for your most creative appetizers.

KONTOS PRE-GRILLED MINI-OVAL FLATBREADS™

By popular demand, Kontos now makes a 6" x 4" Pre-Grilled Mini Oval Flatbread, designed just for sandwiches. And like our Original Oval Flatbread, it's delicious and convenient, with great visual appeal.

KONTOS PITABUNZ®

Perfect for the barbecue! Use it to serve hamburgers, veggie burgers, or chicken breasts in place of hamburger buns. Roll up your favorite sausage or hotdog in a PitaBunz instead of using a hotdog roll. They absorb moisture and do not fall apart!

KONTOS SOUTHWESTERN FLATBREAD

A piquant flatbread with a blend of chopped jalapeno, cilantro, green chili and onion, this oval-shaped product enhances any Southwest or Tex-Mex menu application.

OUR NEWEST ITEMS

KONTOS French-Style CREPES™

Elegantly Light, Low in Calories, and All Natural with delicate, contemporary flavors and textures that complement a variety of fillings.

2 Flavors: Traditional and Savory
2 Sizes: 9-Inch and 11-Inch

KONTOS Greek Lifestyle FLATBREAD®

More Protein, Less Carbohydrates, Less Sugar and Less Calories than most traditional flatbreads.

Available soon in Chipotle, Jalapeno Cilantro and Onion varieties.

