

# Fresh BREADED CLAM STRIPS



# SEA WATCH *FRESH* BREADED CLAMS STRIPS

Sea Clams (Atlantic Surf Clam) which are used to make Clam Strips are naturally sweet and tender. Sea Watch's Fresh Breading method replicates old fashioned hand breading to ensure the tender texture and sweet flavor make it to the plate.

**More Tender Texture**  
**Sweeter Flavor**  
**Less Total Fat Content**  
**Enhanced Menu Versatility**  
**Same Great Profit Margin**



**TRANS FAT FREE**

Fresh Breaded Clam Strips

**Rediscover what Made Clam Strips an American Original in the First Place!**

## PREPARATION INSTRUCTIONS

**KEEP FROZEN:** until ready to use - do not refreeze.

**COOK TO A MINIMUM, INTERNAL TEMPERATURE OF 160°F (71°C)**

**DEEP FRY:** Place breaded clam strips in a deep fryer for 60 seconds at 350°F or until golden brown. They may require an additional 10 seconds to achieve desired results

## Nutrition Facts

Serving Size 1/2 cup (113g)  
 Serving per Container: varies

Amount Per Serving		% Daily Value*	
Calories 210	Calories from Fat 15		
<b>Total Fat</b> 2g			3%
<b>Saturated Fat</b> 0.5g			3%
<b>Trans Fat</b> 0g			
<b>Cholesterol</b> 15mg			5%
<b>Sodium</b> 790mg			33%
<b>Total Carbohydrate</b> 37g			12%
<b>Dietary Fiber</b> 2g			8%
<b>Sugars</b> 3g			
<b>Protein</b> 10g			

Vitamin A 0%    Vitamin C 0%  
 Calcium 2%    Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Total Fat	Calories	2,000	2,500
Saturated Fat	Less than	65g	80g
Cholesterol	Less than	20g	25g
Sodium	Less than	300mg	300mg
Total Carbohydrate	Less than	2,400mg	2,400mg
Dietary Fiber		300g	375g
Calories per gram		25g	30g
Fat 9	• Carbohydrate 4	• Protein 4	

SEA WATCH	DESCRIPTION	OPERATOR PORTION COST*	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
AFB31	Breaded Clam Strips	4 oz. - \$0.78	24/4 oz.	7 lb.	6 lb.	.38	14x10
AFK31	Breaded Clam Strips	1 lb. - \$3.12	2/3 lb.	7 lb.	6 lb.	.33	14x10

\*Portion costs are approximated

Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.

